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### ***ACONITUM ANTHORA***



Kingdom: Plantae

Division: Magnoliophyta

Class: Magnoliopsida

Order: Ranunculales

Family: Ranunculaceae

Genus: Aconitum

Species: ***Aconitum anthora* L.**

#### **Sinônimos**

*Aconitum pseudanthora* Blocki ex Pacz.

*Aconitum eulophum* Rchb.

*Aconitum jacquinii* Rchb.

*Aconitum nemorosum* M.Bieb.

## Nomes comuns

**Inglês:** Yellow helmet flower, Yellow Monkshood, healing Wolfsbane, Wholesome

**Espanhol:** Acónito de los Alpes, acónito salutífero. Nombre común Castellano: acónito amarillo, acónito salutífero, antora.<sup>1</sup>

**Françês:** Aconit Anthore

**Alemão:** Gift-Eisenhut

## Hábitat

Sua distribuição é bastante extensa, principalmente nas Montanhas Européias, nos Alpes ou nas montanhas Carpátias, e em diferentes áreas do norte da Ásia. Como acontece com todas as espécies de *Aconitum*, apresenta uma grande variabilidade, provavelmente devido à hibridização. Por causa deste polimorfismo, *Aconitum anthora* foi incluído no grupo *Aconitum vulparia*. Florece de Julho a Setembro (It's native range is widespread, but mainly is in abundance in European Mountains, like in the Alps or the Carpathians, as well as in different zones from the north of Asia. Like happens in all the species of *Aconitum*, has a great variability, probably due to the hibridization. Because of this polymorphism, *Aconitum anthora* is included in the *Aconitum vulparia*-group. It flowers from July to September).

## Descrição

É uma erva perene com tubérculos subterrâneos dos quais brotam os caules. No ápice surgem flores hermafroditas em agrupamentos no pedúnculo que se destaca. Sépalo de cor amarela com a forma de um gorro (It is a Perennial Grass with underground Tubercles of which aerial Stems bring forth. In apex get ready short Flowers

Hermafroditas in Clusters on Peduncle raised. Sepal is of yellow color in the form of hemispherical cap).

## Preparação

Extracto da planta em floração, também da raiz (Extract from the plant in flower, and also from the root).

## Constituintes

A raiz contém uma grande quantidade de sais voláteis e um óleo essencial, enquanto a folhagem e os talos contêm alcalóides diterpenóides (The root contains a large amount of volatile salt and essential oil, while the foliage and stems contain diterpenoid alkaloids).

Esta espécie possui menos princípios adstringentes do que qualquer outra... (This species possesses less acrid (astringent) principles than any other. Two compounds, quercetin 3-*O*-((β-d-glucopyranosyl-(1→3)-(4-*O*-(*E*-*p*-coumaroyl))-*α*-l-rhamnopyranosyl-(1→6)-β-d-galactopyranoside))-7-*O*-*α*-l-rhamnopyranoside (**1**) and kaempferol 3-*O*-((β-d-glucopyranosyl-(1→3)-(4-*O*-(*E*-*p*-coumaroyl))-*α*-l-rhamnopyranosyl-(1→6)-β-d-galactopyranoside))-7-*O*-*α*-l-rhamnopyranoside (**2**), together with two known flavonol glycosides (**3–4**)).

[http://www.sciencedirect.com/science?\\_ob=ArticleURL&\\_udi=B6TH7-4RPD7G8-3&\\_user=10&\\_rdoc=1&\\_fmt=&\\_orig=search&\\_sort=d&\\_docanchor=&view=c&\\_searchStrId=948040450&\\_rerunOrigin=google&\\_acct=C000050221&\\_version=1&\\_urlVersion=0&\\_userid=10&md5=01be554e2ec8451ca969c66bf4985a5c](http://www.sciencedirect.com/science?_ob=ArticleURL&_udi=B6TH7-4RPD7G8-3&_user=10&_rdoc=1&_fmt=&_orig=search&_sort=d&_docanchor=&view=c&_searchStrId=948040450&_rerunOrigin=google&_acct=C000050221&_version=1&_urlVersion=0&_userid=10&md5=01be554e2ec8451ca969c66bf4985a5c)

## Toxicologia

Esta planta é muito tóxica (neurotoxinas), pequenas doses podem ser letais, porque contém Altisina, que é venenosa (This plant is

extremely Toxic ([neurotoxins](#)), small doses can be mortal, [because](#) contains Altisina that is Poisonous).

É considerada uma planta de risco na República Checa (It is considered a threatened plant in the Czech Republic).

## Usos

Historicamente, sua raiz tinha a reputação de ser um bom antídoto, anti-veneno contra os venenos do “tora” ou Aconitum pardalianches, daí ser chamado de anthora ou “contra tora” (Historically, its [root](#) was reputed to be a good [antidote](#), and counter-poision to poisons from 'thora' or [Aconitum pardalianches](#), whence its naming anthora or "against thora").

Tem sido usado externamente contra reumatismo e dores profundas, mas pode irritar a pele. Internamente, como laxante e antihelmíntico. Tem sido usado para pulso fraco, venenos vegetais (broto), resfriados febris, pneumonia, crupe, problemas cardíacos e parada cardíaca (It has been used externally against [rheumatism](#) and deep pain, but it can irritate the skin. Internally, as a cathartic and anthelmintic. It has been used for weak [pulse](#), vegetable poisons (shoot), [feverish colds](#), [pneumonia](#), [croup](#), heart conditions, and [cardiac arrest](#)).

A raiz é útil como um digestivo, é boa contra cólica flatulenta (The Root is useful as Stomachic, and good against the Wind Colic).

Os camponeses a colhem nos Alpes ou nos Pirineus e a utilizam com sucesso contra mordidas de cães raivosos e a tomam como um remédio de escolha para quem ingeriu Tora ou o Acônito letal (The Peasants who gather this on the Alps and Pyrenees, use it with Success against the biting of mad Dogs; they take it for a sovereign Remedy for those who have eat the Thora, or deadly Aconite).

O suco da planta é usado para envenenar carnes e matar Lobo, Raposa e outros animais ferozes (The Juice of this

Plant is used to poison Flesh with, for the Destruction of the Wolf, the Fox, and other ravenous Beasts).

## Farmacología

Atividade antioxidante (Antioxidant activity).

## Sintomas Característicos / Keynotes

*Este sintoma com certeza é de fundamental importância na prescrição deste medicamento.*

**HEAD - PAIN - Vertex - Longitudional sinus; along the course of the**

**acon-a.<sub>a1</sub>**

**HEAD - PAIN - Vertex - Longitudinal sinus; along the course of the - pressing pain**

**acon-a.<sub>a1</sub>**

## Patogenesia

Bradford T. L. - Index of Homeopathic Provings

Allen: Cyclopedie, V. 1. Zeit. d ver. Hom. AErzt. CEstr., V. 2, pt. 8.

ALLEN – O pulso diminuiu várias batidas dentro das duas primeiras horas; sensação de calor no estômago; eructações freqüentes; pele fria e seca; aumento considerável da saliva. Um leve formigamento na face e nas extremidades; confusão da cabeça; sensação de tempos em tempos de uma dor pressiva na cabeça ao longo do curso do “superior sagittal sinus” e na região temporal direita; pupilas levemente dilatadas; uma sonolência indiscutível, que provocou um sono profundo durante a noite toda. No dia seguinte estava muito bem (Pulse diminished several beats within the first two hours; sensation of warmth in

the stomach; frequent eructations; a cool and dry skin; a marked increase of saliva. A slight crawling in the face and extremities; confusion of the head; a sensation from time to time of a pressive headache along the course of the longitudinal sinus\* and in the right temporal region; slightly dilated pupil; decided steepness, which caused a deep sleep the whole night through. The next day entirely well).

MIND - CONFUSION of mind

GENERALS - PULSE – slow

SLEEP – SLEEPINESS

SLEEP – DEEP

SLEEP - DEEP - night

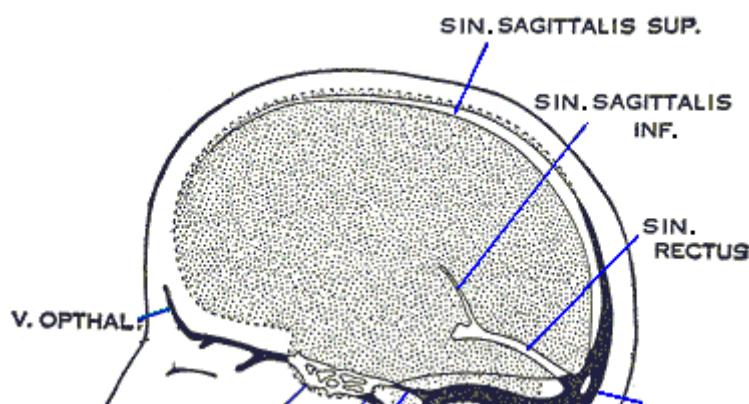
\* longitudinal sinus: superior sagittal sinus, sinus sagittalis superior, superior longitudinal sinus,

**HEAD - PAIN - Vertex - Longitudinal sinus; along the course of the**

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HEAD - PAIN – Vertex

HEAD - PAIN - Vertex - pressing pain

HEAD - PAIN - Temples – right

EYE - PUPILS – dilated

MOUTH - SALIVATION – profuse

FACE – FORMICATION

STOMACH - HEAT - sensation of

STOMACH – ERUPTIONS

STOMACH - ERUPTIONS – frequent – acon- a a1, acon-f a1, Calc-act h1, ferr-i a1, na-p a1, zinc h2, zinc-act a1 etc.

EXTREMITIES - FORMICATION

SKIN – COLDNESS

SKIN – DRY

### **Leitura Complementar**

Allen's Repertory - Hand: paralysis: sensation of. (It is a mistake, this symptom belongs to acon).

ALLEN – Acon - Upper extremities - Paralytic feeling in right forearm and hand (on writing), relieved by violent motion, but returning while writing, or at rest, but less severely.

Allen's Repertory - Hand: weakness. (It is a mistake, this symptom belongs to acon).

ALLEN – Acon - Generalities - Frequent attacks, almost every other hour, of extreme weakness and insensibility, so that he can stir neither hand nor foot, and cannot sit up in bed; he does not feel

his former pains, cannot see nor hear, nor even speak aloud; the legs are stretched out (after a few h.).

Allen´s Repertory - Stomach: anguish. (It is a mistake, This symptom belongs to aconitum)

Hughes – Aconitum - Fully conscious again, he replied to question how he felt "Pretty fair, only I feel a terrible anguish in the gastric and cardiac region, and am dreadfully cold."

Allen´s Repertory - Stomach: borborygmi (It is a mistake, this symptom is present in another aconitums: aconitum, acon-c, acon-f, acon-n, but not in acon-a).

ALLEN – Acon - Abdomen - Rumbling in bowels, t.

ALLEN – Aconitum cammarum - Violent eructations, with rumblings in bowels.

ALLEN – Aconitum ferox - Rumbling in bowels.

ALLEN – Aconitum napellus - Painful rumbling in bowels, and discharge of flatus with relief.

Allen´s Repertory - Stomach: fermentation (It is a mistake, this symptom belongs to Acon).

ALLEN – Aconitum napellus - Grumbling fermentation in abdomen.

Allen´s Repertory - STOMACH: GNAWING: ULCERATIVE. (This symptom is not present in any aconitum, the most similar symptom is another one)

ALLEN – Generalities - Feeling all day as of impending fever, with nausea, want of appetite, and aching gnawing pains throughout the whole body, extremities particularly.